

MUSHIN

NEW ORLEANS TRAINING CENTER

6005 JEFFERSON HWY HARAHAN, LA 70123 | 504.731.8700

Self Defense Seminars & Presentations

TRAVEL SAFE Seminar
CRISIS DECISION MAKING
CUSTOMIZABLE Seminar
RAPE PREVENTION Seminar
GENERAL SELF DEFENSE Seminar
WOMEN'S SELF DEFENSE Seminar

The techniques taught are well researched, and are based on the S.P.E.A.R. (Spontaneous Protection Enabling Accelerated Response) system of personal defense readiness. S.P.E.A.R. is widely taught in the tactical and Law Enforcement communities and is part of the Blauer Tactical Systems training program. (www.blauertactical.com)

S.P.E.A.R. is based on the body's natural physiology and reaction responses to threats, making it easy to incorporate into a physical skill set. SPEAR techniques are effective immediately; they don't need to be practiced. SPEAR channels your natural reflexes and educates students on awareness, vulnerability, and situational avoidance.

The program is designed so that anyone in reasonable health can participate. Also, schools and non-profits can call for special considerations. Mushin can customize training programs for specialized situations, such as workplace violence, travel safe, anti-rape, anti-bullying, active shooter, concealed carry, security, and humane restraint situations.

EACH TYPE OF SEMINAR CAN BE 2, 3, OR 4 HOURS LONG

@ MUSHIN PRICING

2 Hour Seminar
\$40 per person

3 Hour Seminar
\$50 per person 1-25 people | \$35 per person 26 or more

4 Hour Seminar
\$60 per person 1-25 people | \$45 per person 26 or more

OFFSITE PRICING

2 Hour Seminar
\$50 per person

3 Hour Seminar
\$60 per person 1-25 people | \$45 per person 26 or more

4 Hour Seminar
\$70 per person 1-25 people | \$55 per person 26 or more

*Minimum of 10 participants; maximum of 50. 51+ gets split into 2 full timeslots.

WWW.MUSHINNEWORLEANS.COM